

## SCRIPTURE:

Let your eyes look directly ahead and let your gaze be fixed straight in front of you (Proverbs 4:25).

I will set no worthless thing before my eyes... (Psalm 101:3a).

## MATERIALS LIST:

(1) Safety Goggles

MAIN MESSAGE: The child of God who does not protect his eyes will injure his soul!

Song: "Oh Be Careful Little Eyes"

## LESSON:

I learned long ago to protect my eyes. It started when I mowed lawns as a 10-year-old boy. I would get dirt or grass in my eyes and it would bother me all day long. Then if I rubbed my eye, I ended up scratching it. So, I started wearing protective glasses. I have injured my eyes on several occasions when I did not use safety goggles. It's not a fun thing to injure or scratch your eye! I have safety goggles in my shed, in my garage, and in my truck. So, when I need to mow, cut a limb of a tree, or saw a piece of lumber in my garage, I can protect my eyes!

The same is very true for your spiritual life – you MUST protect your eyes! Both, boys and girls, and men and women are called to protect their eyes. Our world is full of evil things to look at, even right here in your home. God says, "let your eyes look directly ahead and let your gaze be fixed straight in front of you" (Proverbs 4:25). We need spiritual safety goggles that we keep on 24/7! It's not enough to just wear them at school or in the mall. You must keep them on all the time! Why? Satan is cunning! He is sending you messages right through that TV in your living room. Most commercials and many cartoons are even full of evil. The internet through your electronic tablet, iPhone, or computer is full of evil that must be avoided! Many video games have images of things and people that are harmful to the eyes. If something is harmful to the eyes, it's harmful to the soul/heart. The child of God who lives in the light must protect his eyes. Otherwise, he will get used to the dark!

The Bible says, "I will set no worthless thing before my eyes..." (Psalm 101:3a). Putting on safety goggles means we must do things on purpose so that evil does not get into our heart. That means reading reviews (plugged-in.com) for movies and video games (before we go or purchase!), maintaining a great internet filter for your computer (netnanny.com), and blocking inappropriate TV channels. It also means having set time for all media.

Families must do better discussing and implementing a plan to protect their eyes! If we don't, Satan will steal the hearts of our children!

**PRAYER:** Help to keep our spiritual safety goggles on every day to keep our hearts clean!