

# AFRAID OF THE DARK?

## SCRIPTURE:

*Your word is a lamp to my feet, And a light to my path.*

*I have sworn and I will confirm it, That I will keep Your righteous ordinances. (Psalm 119: 105-106)*

## MATERIALS LIST:

- (1) Flashlight
- (1) Dark Closet

## MAIN MESSAGE:

The Word of God is the light that sees us through the darkness of this world. As long as we allow it to light the path God desires each of us to take, we will be just fine no matter what lurks out there in the darkness.

**SONG:** "Give Me the Bible"

## LESSON:

Camping trips are so much fun. The fishing, the bicycle excursions, the camp fires, and of course the s'mores all combine to make it an activity families can use to create such wonderful memories together. However, do you remember what it was like to go camping as a child, especially at night? If you grew up in a home where your parents took you out into the great outdoors to tent camp, then you definitely will understand how everything seems to change at night.

During the day, you helped your father set up the tent, or maybe you helped your mother set a picnic table for lunch. You walked by the trees, stumbled over rocks, and even helped gather wood for the camp fire you were going to have later that night. All of that goes out the window when the evening falls. Those same trees seem much larger at night. The rocks seem to hide and jump out at you as you try to navigate the pathway to the bathhouse, and you could not imagine having to go out away from the campsite to gather wood at night. It's just entirely too scary. That's why a flashlight was special to you. With a single flip of a switch, the darkness ran and hid from your path. It's funny how one little flashlight can make all the difference between a child who is having trouble sleeping and one who is able to relax, knowing they can see because they hold fast to the light source.

God's Word is just like this for us. As our selected Scripture points out, the lamp and the light we need in this life, so that as we walk, the darkness doesn't overcome us and cause our path to be unknown and our feet to stumble and trip along, is provided by the inspired Word - the Bible. It's through this avenue, we learn how to handle our temper, how to treat others, how to worship God, and even how to respond to our enemies. We learn about marriage that is fulfilling, we learn about work ethic, and also the dangers of allowing a desire for material possessions (be it "little kids" toys or "big kids" toys). It truly contains everything we need.

For this lesson, ask your family to follow you into a dark closet. Shut the door, trying to keep as much light out as possible. Talk about how darkness brings fear but how a flashlight can help us see our way. The world is the darkness. The Bible is the light. Discuss what decisions your family will need to make in the coming days and months. What does the Bible have to say about these decisions?

**PRAYER:** Thank you for the Bible, the light of our path. Help us to be more ready to allow it to light our path.