

Scripture:

My soul clings to you; your right hand upholds me. (Psalm 63:8)

Materials List:

- (1) Jar of Honey
- (1) Honey Dipper
- (1) Spoon

Main Message:

As humans we are sinful creatures, but we can always cling to the one who will uphold us!

Song: Hold to God's Unchanging Hand

Lesson:

Honey is a wonder to me. Not only is the way God created the whole method of pollination fascinating, but the health benefits are abundant. A few years ago, upon learning the many ways honey aides in human well-being, I felt as if I had a great, new knowledge. While sitting in a restaurant with my husband and a friend, explaining with excitement how honey can combat allergy problems, they simply looked at me like I had invented an insane idea. A woman at the table next to ours politely interrupted, clarifying that her grandfather owned a bee farm and what I had spoken was correct. I felt validated in my comprehension and continued to marvel in God's amazing process.

We as humans, are like honey...we are a sticky mess. Since the creation of the earth, beginning with Adam and Eve (Genesis 3), we have been sinful creatures, and as time marches on we continue to sin (Romans 3:23). Sometimes we view the world like an attractive, shiny spoon. It is appealing to us, and like a magnet, we cling to it. However, all the things of this world are not enough to sustain us, so we fall, and we fall fast...in a big heap, just like honey plummets from a spoon in a clump when turned upside down.

The honey dipper is a completely different story. When clinging to the dipper, honey embeds itself deep in the grooves so it won't drip away. Isn't that what our spiritual lives should look like? We should embed ourselves so deeply in the grooves of our God that we won't free fall. By praying continually (1 Thess. 5:17), constantly seeking His Word for answers and guidance, surrounding ourselves with Christian influences (1 Cor. 15:33) and making Godly living a priority (Romans 12:2), He is enough to uphold us and keep us from plunging.

It is true that honey still falls from a dipper, and we will still fall and make mistakes. But as we make those errors, we do not need to have a feeling of hopelessness because we have trenched our lives deep in God and He is on our side. When we do fall, just like the dipper swirls and brings the honey back on track, so our Heavenly Father does with us as long as we are willing (1 John 1:7).

Prayer: Ask God that whatever situation your family finds ourselves, you will always cling to the Lord.