

Scripture:

So we, though many, are one body in Christ, and individually members one of another. (Romans 12:5)

Materials List:

- (1) Blender
- (1) Fruit
- (1) Ice
- (1) Milk (optional)

Main Message:

The Lord's church is made up of many different people, but each one is an important member of his body.

Song: God's Family

Lesson:

I own my absolute, without-a-doubt, most favorite kitchen item ever invented. It actually wasn't an easy decision to purchase it, for it came with quite a hefty financial price. I had to weigh the pros and cons of my decision, but ultimately, I determined this item would pay off. So, I bought it. I have not once regretted that decision!

What item am I so passionately referring to? My *Vitamix* blender. It is incredible. It is actually a combination of a variety of kitchen gadgets all-in-one! It blends, grinds, mixes, purées, juices. It makes smoothies, nut butters, soups, syrups, dips & spreads, desserts, dressing, and batters! For me, it's the wonder machine.

I mostly use it for making smoothies, one of my favorite nutritional foods. My family's favorite recipe is more like a dessert, but I feel energized and refreshed when I whip up a healthy fruit smoothie. After each ingredient is layered in the machine, you can see a rainbow of color from each fruit and vegetable stacked from the bottom to the top. I watch as the ingredients of various flavors, textures, colors, and aroma all blend into one delicious new product. Each item with its unique nutritional value combines with the others to create a new "super food".

In Acts chapter 2 Jesus Christ established His church, a body that is made up of a unique variety of people. Each person in His kingdom is like the fruit or vegetable in the blender. As each piece adds something different to the complete product, so every person brings different talents and abilities to the body of Christ to make it whole, and one is not exactly like the other, nor better. 1 Corinthians 12:15-20 states, "If the foot should say, 'Because I am not a hand, I do not belong to the body,' that would not make it any less a part of the body. And if the ear should say, 'Because I am not an eye, I do not belong to the body,' that would not make it any less a part of the body. If the whole body were an eye, where would be the sense of hearing? If the whole body were an ear, where would be the sense of smell? But as it is, God arranged the members in the body, each one of them, as he chose."

If an individual belongs to the body of Christ, they are an important part of the Lord's church. Every person has different talents, but if each person is working to do what they can and functioning as part of the body, each role is vital to the life of the church. If you have obeyed God's word and are a New Testament Christian you have a job to do, whether big or small, whether you are older or younger! Don't wait around to do what God expects of you now! Read God's word and be reminded that you have a role, and then do your best to fulfill it, no matter what it may be!

Every single person's labor is essential to the completeness of the church and we all serve a distinct purpose. If each talent is used wisely, it will work to blend with those of our fellow Christians. Think of all those items in the blender, many portions and yet one smoothie. Let it encourage you to step up and work as one of the portions of the body that make up the whole of Christ! Our work will then be "blended" together and we will be satisfying the unity that Jesus prayed for!

Prayer: Thank God for each individual of the Church, the body of Christ.